

CERTIFICATE OF PARTICIPATION

This is to certify that

Emily Tshilande

Has successfully participated & completed the

Girls Rule 4km Girls Rule Run

held at Loftus Park.

TIME 00:50:00

PACE 12:30/km

OVERALL 14 of 103

GENDER 12 of 93

OPEN 8 of 57

12 August 2023, Sat

Date



BoutTime

Signature

